

ballroom dance



Ballroom Dance Classifications
WDC [2]-defined Competition Dances

International Dance Standard [3]

Music (IDSF
Tempo
Regulation) [\[9\]](#)
[4]

[Waltz](#) [5]

28-30 bars
per minute,

3/4 timing

also known as *Slow Waltz* or *English Waltz*
depending on locality

[Tango](#) [6]

31-33 bars
per minute,

4/4 timing

[Viennese](#) [7]

58-60 bars
per minute,

3/4 timing

In some countries (e.g. Germany, Austria)
Viennese is known as the Waltz, while [Waltz](#) [5]
is recognized as *Slow Waltz*. Note this dance is
not danced at Blackpool.

[Foxtrot](#) [8]

28-30 bars
per minute,

4/4 timing

[Quickstep](#) [9]

50-52 bars
per minute,
4/4 timing

International Latin [10]

[Samba](#) [11]

50-52 bars
per minute,
2/4 timing
(foot timing
3/4)

[ChaCha](#) [12]

30-32 bars
per minute,
4/4 timing

[Rumba](#) [13]

25-27 bars
per minute,
4/4 timing

[Paso Doble](#) [14]

60-62 bars
per minute,
2/4 timing

[Jive](#) [15]

42-44 bars
per minute,
4/4 timing

Formation

[16]

Show Dance

[17]

Classic South American

American Style Competition Dances (only in the U.S. & Canada)

American

Smooth [18]

Dance

[Waltz](#) [5]

[Tango](#) [6]

[Foxtrot](#) [8]

Music

Notes

[Viennese Waltz](#)

[7]

[American Rhythm](#) [19]

[Cha Cha](#) [12]

[Rumba](#) [13]

[East Coast Swing](#)

[20]

[Bolero](#) [21]

[Mambo](#) [22]

Others

Historical/Vintage Dance

[Waltz](#) [5] - [Polka](#) [23] - [Schottische](#) [24] - [Tango](#) [25] - [One-Step](#) [26] - [Foxtrot](#) [8] - [Peabody](#) [27]

Other dances occasionally categorized as ballroom

Nightclub

[Nightclub Two-step](#) [28] - [Hustle](#) [29] - [Modern Jive](#) [30] / [LeRoc](#) [31] / [Ceroc](#) [32] - and the whole swing variety: [West Coast Swing](#) [33] / [East Coast Swing](#) [20]/ [Lindy Hop](#) [34] (always included in the "Rhythm-Swing" category) / [Carolina Shag](#) [35] / [Collegiate Shag](#) [36]

Latin nightclub

[Salsa](#) [37] - [Merengue](#) [38] - [Cumbia](#) [39] - [Bachata](#) [40] - [Cha cha](#) [12]

Brazilian Dances

[Forró](#) [41] - [Pagode](#) [42] - [Samba de Gafieira](#) [43] - [Lambada](#) [44]

Country/Western

[Polka](#) [23] - [Cha-cha-cha](#) [12] - [Two-step](#) [45] - [Waltz](#) [5]...

also referred to as "Country and Western" or C/W:

[C/W Polka](#) [46] - [C/W Cha-cha](#) [47] - [C/W Two-step](#) [48] - [C/W Waltz](#) [49]...

Cajun dances

[Cajun One Step](#) [50] or [Cajun Jig](#) [51] - [Cajun Two Step](#) [52] - [Zydeco](#) [53] - [Cajun Waltz](#) [54] - [Cajun Jitterbug](#) [55]

Musette dances [56]

[Java](#) [57], musette-waltz, musette-tango, musette-paso-doble.

Other

[Argentine tango](#) [58], [New Vogue](#) [59]

ESTELLE AND LEROY

Forrás webcím: <https://www.zenci.hu/szocikk/ballroom-dance>

Hivatkozások:

[1] <https://www.zenci.hu/sites/www.zenci.hu/files/kep/09/ballroom.jpg>

[2] http://en.wikipedia.org/wiki/World_Dance_Council

[3] http://en.wikipedia.org/wiki/International_Standard

[4] http://en.wikipedia.org/wiki/Ballroom_dance#cite_note-8

- [5] <http://en.wikipedia.org/wiki/Waltz>
- [6] http://en.wikipedia.org/wiki/Tango_%28ballroom%29
- [7] http://en.wikipedia.org/wiki/Viennese_Waltz
- [8] http://en.wikipedia.org/wiki/Foxtrot_%28dance%29
- [9] <http://en.wikipedia.org/wiki/Quickstep>
- [10] http://en.wikipedia.org/wiki/International_Latin
- [11] http://en.wikipedia.org/wiki/Samba_%28ballroom%29
- [12] http://en.wikipedia.org/wiki/Cha-cha-cha_%28dance%29
- [13] http://en.wikipedia.org/wiki/Rumba_%28dance%29
- [14] http://en.wikipedia.org/wiki/Paso_Doble
- [15] http://en.wikipedia.org/wiki/Jive_%28dance%29
- [16] http://en.wikipedia.org/w/index.php?title=Formation_Dance&action=edit&redlink=1
- [17] http://en.wikipedia.org/w/index.php?title>Show_Dance&action=edit&redlink=1
- [18] http://en.wikipedia.org/wiki/American_Smooth
- [19] http://en.wikipedia.org/wiki/American_Rhythm
- [20] http://en.wikipedia.org/wiki/East_Coast_Swing
- [21] <http://en.wikipedia.org/wiki/Bolero>
- [22] http://en.wikipedia.org/wiki/Mambo_dance
- [23] <http://en.wikipedia.org/wiki/Polka>
- [24] <http://en.wikipedia.org/wiki/Schottische>
- [25] http://en.wikipedia.org/wiki/Tango_%28dance%29
- [26] <http://en.wikipedia.org/wiki/One-Step>
- [27] http://en.wikipedia.org/wiki/Peabody_%28dance%29
- [28] http://en.wikipedia.org/wiki/Nightclub_Two-step
- [29] http://en.wikipedia.org/wiki/Hustle_%28dance%29
- [30] http://en.wikipedia.org/wiki/Modern_Jive
- [31] <http://en.wikipedia.org/wiki/LeRoc>
- [32] <http://en.wikipedia.org/wiki/Ceroc>
- [33] http://en.wikipedia.org/wiki/West_Coast_Swing
- [34] http://en.wikipedia.org/wiki/Lindy_Hop
- [35] http://en.wikipedia.org/wiki/Carolina_Shag
- [36] http://en.wikipedia.org/wiki/Collegiate_Shag
- [37] http://en.wikipedia.org/wiki/Salsa_%28dance%29
- [38] http://en.wikipedia.org/wiki/Merengue_%28dance%29
- [39] <http://en.wikipedia.org/wiki/Cumbia>
- [40] http://en.wikipedia.org/wiki/Bachata_%28dance%29
- [41] <http://en.wikipedia.org/wiki/Forr%C3%B3>
- [42] <http://en.wikipedia.org/wiki/Pagode>
- [43] http://en.wikipedia.org/wiki/Samba_de_Gafieira
- [44] <http://en.wikipedia.org/wiki/Lambada>
- [45] <http://en.wikipedia.org/wiki/Two-step>
- [46] http://en.wikipedia.org/w/index.php?title=C/W_Polka&action=edit&redlink=1
- [47] http://en.wikipedia.org/w/index.php?title=C/W_Cha-cha&action=edit&redlink=1
- [48] http://en.wikipedia.org/w/index.php?title=C/W_Two-step&action=edit&redlink=1
- [49] http://en.wikipedia.org/w/index.php?title=C/W_Waltz&action=edit&redlink=1
- [50] http://en.wikipedia.org/wiki/Cajun_One_Step
- [51] http://en.wikipedia.org/wiki/Cajun_Jig
- [52] http://en.wikipedia.org/wiki/Two_Step
- [53] http://en.wikipedia.org/wiki/Zydeco_%28dance%29
- [54] http://en.wikipedia.org/w/index.php?title=Cajun_Waltz&action=edit&redlink=1
- [55] http://en.wikipedia.org/wiki/Cajun_Jitterbug
- [56] <http://en.wikipedia.org/wiki/Bal-musette>
- [57] http://en.wikipedia.org/wiki/Java_%28dance%29
- [58] http://en.wikipedia.org/wiki/Argentine_tango
- [59] http://en.wikipedia.org/wiki/New_Vogue_%28dance%29